

LCWHL RULES 2019-20

Abbreviations and Definitions

IWHL	Investec Women's Hockey League
NHWL	North Hockey Women's League
LHA	Lancashire Hockey Association
NGB	United Kingdom National Governing Body or Isle of Man Hockey Association
NHA	North Hockey Association
LHUA	Lancashire Hockey Umpiring Association
LCWHL	Lancashire Central Women's Hockey League
YUAG	Young Umpire Action Group
RYUAG	Regional Young Umpire Action Group
this section	Refers to the whole rule i.e. in 6.7 it refers to 6.1 to 6.7
this sub section	Refers to no other part of the rule i.e. in 15.1.6 it refers only to 15.1.6

1 Name

- 1.1 The League shall be called the Lancashire Central Women's Hockey League and must be so referred to in all correspondence and publicity in which the name of the League is used. It may have the name of a sponsor put in front of it.

2 Jurisdiction and Authority

- 2.1 The LCWHL shall be under the direct jurisdiction of the LHA.
- 2.2 Any club from outside the LHA region admitted to the LCWHL must agree to accept the jurisdiction of the LHA with regard to the administration of the LCWHL.
- 2.3 Each club, by its entry into the LCWHL, shall be deemed to have given its consent to the rules of the LCWHL and to any amendments to the rules.
- 2.4 These rules are subject to the rules on emendation laid down in the Constitution of LHA.
- 2.5 The committee has the powers to determine any matter not covered by these rules and may, at its discretion, waive, reduce or increase an applicable penalty and relegate any team which, in the opinion of the committee, fails to meet the standards demanded for hockey in the LCWHL.

3 Composition of LCWHL

- 3.1 Not used.
- 3.2 Clubs within the region of the LHA may qualify for entry to the LCWHL and must be affiliated to their NGB, the NHA and the LHA. Any club outside the LHA region may qualify for entry to the LCWHL but only with the agreement of their County Association, the LHA and the LCWHL and must be affiliated to their NGB, their Regional Association and their County Association.
- 3.3 Permission for a club to enter the LCWHL is solely at the discretion of the LHA.
- 3.4 Not used.

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4 League Management

- 4.1 The LCWHL shall be administered by a committee consisting of the following: Chair, Vice-Chairs, Honorary Treasurer, Honorary Secretary, Honorary Fixture Secretary, Honorary Minutes Secretary and Honorary Junior Coordinator. The Chair shall represent the LCWHL on the LHA Executive Committee.
- 4.2 The committee shall have the power to co-opt additional members onto the committee who shall not have voting rights.
- 4.3 An Emergency Committee of at least three members of the committee may handle urgent problems.
- 4.4 The committee shall administer the LCWHL.
- 4.5 The Honorary Treasurer shall be responsible for keeping and preparing accounts for presentation to the LHA. Such accounts shall be made up annually to 31st March and presented by 30 April to the LHA Treasurer. The Honorary Treasurer and up to two other persons appointed by the committee shall be mandated to sign cheques, use internet banking and to issue instructions for the bank account to be operated on behalf of the LCWHL.
- 4.6 The committee cannot decide to implement a penalty other than the green or yellow fines, or reductions thereof, unless the club concerned has had an opportunity to present their case. In exceptional circumstances a hearing may be held with a minimum of three committee members attending.
- 4.7 The committee may call a meeting of clubs by giving at least 21 days' notice. One such meeting called "The Annual Meeting" must be held in May each year for the purpose of reviewing the previous season and advising clubs of any changes for the following season. Every club must be represented at any such meeting. Clubs failing to attend such meetings will receive a yellow fine.

5 Finance Fines and Penalties

- 5.1 The committee shall set rates for LCWHL fees, LCWHL knockout competition fees, the green and yellow fines and travel expenses for umpires, officials and teams where appropriate.
- 5.2 LCWHL fees must be paid by 31 October in each season. In the case of late payment the yellow fine shall be payable for each month, or part thereof, by which payment is delayed. In the event of non-payment by 30th November the team may be expelled from the LCWHL and any games played will be declared null and void.
- 5.3 Fines must be paid within 14 days of being notified. Failure to do so will result in the fine being doubled. If, after a further 14 days, the fine is still not paid, then further action will be considered by the committee including whether the team's LCWHL status should be revoked and all results for that team removed from the table. The committee may, at its discretion, taking a club's previous record into account, waive, reduce or increase an applicable fine.
- 5.4 The amount of fees, green and yellow fines and other penalties are set out in Rule 30.
- 5.5 At the end of the season, should the funds at the disposal of the LCWHL be insufficient to meet its expenses, the teams shall be required to make up the deficiency by equal levy (pro rata to LCWHL fees).

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6 Club Responsibility for Liaison with the LCWHL

- 6.1 Each club is required to complete their club details on FixturesLive and the LHA website by 30th August of each year. The LHA details must include club officials, club contact details and club colours.
- 6.2 Clubs are also required to supply details of match start times and venues to Fixtures Live at least one month before a scheduled match.
- 6.3 Any proposed alteration to these start times must be submitted to the Honorary Fixture Secretary for approval. These may then be varied for particular matches only by the mutual agreement of the umpires and clubs concerned. All such changes must be reported to the Honorary Fixture Secretary by email.
- 6.4 All university clubs are required to advise the Honorary Fixture Secretary by 31st March of their term dates for the next academic year. University clubs will be required to play their fixtures on the designated LCWHL dates.
- 6.5 If any changes to club details are made during the season then FixturesLive and the LHA website must be updated where appropriate.
- 6.6 No communication on league business shall take place with any of the committee members after 10pm.
- 6.7 There will be yellow fine levied for any failure to comply with this section.

7 Sponsorship

- 7.1 If there is a sponsor, clubs must refer to the LCWHL's Sponsor at all times and include the name and, if possible, the Sponsor's official logo in fixture cards, publicity reports and/or handbooks

8 Liaison with Opponents and Umpires

- 8.1 Not used.
- 8.2 Not used.
- 8.3 Not used.

9 Hospitality

- 9.1 First named teams may offer hospitality and post-match refreshments. First named teams should confirm with the visiting team whether or not the post-match refreshments offered are required.

10 Trophies

- 10.1 All trophies must be returned to the committee by the last scheduled LCWHL weekend, failure to do this will result in a green fine. A club losing a trophy will be invoiced for the cost of replacing it.

11 Umpires

- 11.1 Each team must supply an umpire to umpire the whole game in accordance with the 'Rules of Hockey'. The LCWHL has no jurisdiction over umpires. Complaints against Umpires must be directed to the Appointing Body, which is the Club. If it is considered that an Umpire's behaviour is bringing the game into disrepute then a Disrepute Report should be made to the County Disciplinary Officer.

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- 11.2 For all LCWHL matches involving at least one team in a division higher than the bottom division each team must provide an umpire who is qualified to at least level 1 assessed. For all LCWHL matches involving only teams in the bottom division each team must provide an umpire who is qualified to at least level 1 unassessed. However, an umpire who has only passed the online England Hockey Umpiring Training Course may umpire no more than three home matches in the bottom division before being qualified to at least level 1 unassessed and can only umpire a match if the away umpire is qualified to at least level 1 assessed. The registration number of the umpire must be entered on the match report form. No team shall provide an umpire who is below the age of 18 unless that umpire has been authorised to officiate adult matches by the LHUA Coaching Secretary, YUAG or RYUAG.
- 11.3 Once a level 1 candidate has requested an assessment through the LHUA they may umpire three matches at a level agreed with their appointed assessor.
- 11.4 If, in the previous season, a level 1 assessed umpire has officiated at less than three matches in a division higher than the LCWHL bottom division then they must seek the consent of the LHUA prior to officiating in a LCWHL match in a division higher than the LCWHL bottom division.
- 11.5 Any team failing to comply with this rule may face an appropriate penalty which could be a fine and/or a points' deduction.
- 12 Player Qualification**
- 12.1 Only bona fide members of a LCWHL club who are 13 years of age or older on the day of the match shall be entitled to be registered and to play in LCWHL matches and LCWHL knockout competition matches for that club
- 12.2 A club wishing to register a player not on their pre-season registration list must complete the new player procedure set out in these rules.
- 12.3 A player who is suspended under IWHL or NHWL Yellow Card rule is ineligible to play in an LCWHL match until they have served their IWHL or NHWL suspension. In the event of a player being suspended, as a result of a yellow card received in the last IWHL or NHWL game before the winter break, they shall only be ineligible for the next LCWHL match.
- 12.4 An LCWHL team shall not be allowed to register more than one player who does not hold a European Union Passport, or hold or be able to apply for and obtain a United Kingdom Passport or have a right of abode as defined by Sections 1 and 2 of the Immigration Act 1971 (as amended from time to time). (Information regarding "Right of Abode" may be found on the Home Office website www.ind.homeoffice.gov.uk by searching for "right of abode") or hold a current work permit as defined by the Immigration Act 1971 (as amended from time to time) as a hockey player in the United Kingdom and hold a passport for a country with whom the European Union has an agreement containing provisions prohibiting discrimination in employment. A club wishing to register such a player for an LCWHL team must indicate, in the registration process, the section above relevant to the player concerned. Players from the Isle of Man, Channel Islands and Gibraltar together with those holding dual passport eligibility where one such eligibility is that of a European Union member state will be considered to have no limitation as to their ability to be registered. A player who does not hold any passport must be eligible to hold a passport of a European Union State. The onus of proof regarding eligibility is on the registering team. The LCWHL committee shall decide any dispute regarding eligibility and shall be entitled to request such written or oral evidence, as it considers necessary. Any appeal against a decision of the LCWHL committee on eligibility shall be made in accordance with Appeals Rule below. An individual shall not play in an LCWHL game pending the outcome of an appeal.
- 12.5 There will be a three point penalty for any breach of this section.

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13 Player Registration

- 13.1 Seven days before the first scheduled LCWHL fixture each club shall submit their pre-season registration list. This list must be submitted by email to the Honorary Fixture Secretary and must be in the form of an Excel spreadsheet. Each name must be in a separate column with any alternative last name in an additional column. The list must only contain the names of the players who played for the club in the previous season. A club wishing to add a player to this list must complete the new player procedure set out in these rules. If a de-registered player has left club 'A' to play for club 'B' and there are outstanding issues with that player then club 'A' must inform the Honorary Secretary and the Honorary Fixture Secretary in writing of the outstanding issues and, if known, the name of club 'B'. There will be a yellow fine levied for failing to provide the list before the deadline and a green fine for any other breach of this section.

14 New Player Procedure

- 14.1 A player below the age of 18 may be added to the registration list either by email to the Honorary Fixture Secretary or by including the player's name on the match sheet of the team for which she has played.
- 14.2 A player aged 18 years or over can only be added to the registration list by completion of a transfer form or evidence of a FixturesLive Registration transfer. A copy of the completed transfer form or evidence of a FixturesLive Registration transfer must be emailed to the Honorary Fixture Secretary who will advise the receiving club when the player will be eligible to play for her new club. It is the duty of the receiving club to initiate the transfer.
- 14.3 A new player may not play for a LCWHL team once the club has been informed by the Honorary Fixture Secretary that there are outstanding issues with the player. The Committee will decide when the player may play for their new club in the LCWHL and the Honorary Fixture Secretary will inform both clubs of the Committee's decision and the date on which the new player may play for her new club in the LCWHL.
- 14.4 After 1st February a new registration of a player, who has played for another club in the current season, will only be approved by the Committee if the transfer is the result of a move of abode of the player concerned. There will be a yellow fine levied for any breach of this section.

15 Player Selection

- 15.1 Starred player lists shall be sent to the Honorary Fixture Secretary and shall be in the form of an Excel Spreadsheet.

- 15.1.1 A club must, by 9pm on the Wednesday before the first LCWHL league match, provide a list of starred players for all of their teams except their lowest placed team as follows:

IWHL	11	starred players
NHWL Premier	9	starred players
NHWL Division 1	9	starred players
NHWL West Division 2	7	starred players
NHWL West Division 3 North	7	starred players
LCWHL	5	starred players

- 15.1.2 A club with teams in the LCWHL, must, by 9pm on the Wednesday before the first LCWHL match, provide a list of 5 starred players for each of its teams in the LCWHL other than its lowest placed team.

- 15.1.3 No player may be starred for more than one team. These players should be selected on merit and are excluded from playing for a team lower than the one they are starred for.

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- 15.1.4 Clubs are permitted to make a change to their starred list by emailing the swap details to the Honorary Fixture Secretary before 8.00pm on the Wednesday before the next match. Reasons for the change must be given and the Honorary Fixture Secretary must approve the change before the de-starred player can play for the lower team. Once a player, other than a goalkeeper, has been de-starred that player cannot be re-starred within 4 weeks of the date on which they were de-starred.
- 15.1.5 The LCWHL will not tolerate abuses of the system. All starred players are expected to be regularly available for selection. The LCWHL should be informed of any problems and it must be notified if any player is to be unavailable for more than 3 weeks. The movement of players will be monitored. The LCWHL shall have the power to change starred players but in doing so must notify the clubs of any such changes before 8pm on the Monday before the next LCWHL match.
- 15.1.6 When selecting a player for a team the player's last four appearances in the IWHL, NHWL, LCWHL and LCWHL knockout competitions must be considered. Not more than one player may be selected to play one team down who, in her last four appearances, has played four times for a higher team or teams. In addition, a player may also be selected to play one team down, provided she has not been available for selection for four or more weeks for a team for which she is eligible to play. The Committee will decide what immediate action, if any, should be taken if a team is in breach of this sub section. At the end of the season any additional penalty the committee considers appropriate will be imposed on any team in breach of this sub section.
- 15.1.7 Any match a player has been banned from playing in for disciplinary/yellow card reasons shall be counted as being in the starting line-up of the match that the player has been banned from.
- 15.1.8 When completing match sheets starred players may be identified by an asterisk.
- 15.1.9 A signed match sheet will be deemed to be a true record.
- 15.2 A club unable satisfactorily to justify its selection or subsequent action shall be deemed to have played an ineligible player. There will be a three point penalty for any breach of sub section 15.1.
- 15.3 Clubs with a team or teams in the IWHL and NHWL must for every competitive match send a copy of the signed match sheet to the Honorary Fixture Secretary by email by the following Monday. There will be a green fine levied for any breach of this sub section.

16 Uniform

- 16.1 Players participating in LCWHL matches shall wear club uniform as set out in the Club Details and Contacts Page on the LHA website. Field players must wear uniform skirts. If, in the opinion of the umpires, there is a clash of colours, the second named team shall always change shirts and socks as necessary. The second named team should carry an alternative strip. Players participating in a game shall wear on the back of their shirt a unique number allocated to them on the match sheet which must be at least 9 inches in height and in a colour contrasting to their shirts. Goalkeepers shall wear a colour contrasting with those worn by both teams. Captains must be clearly identifiable by wearing an armband of contrasting colour. There will be a yellow fine levied for any breach of this section.

17 Discipline

- 17.1 The league divests control of all disciplinary matters covered by the NGB disciplinary code. All league matches shall operate within the disciplinary code operating in England.

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- 17.2 Any club from outside the jurisdiction of England Hockey admitted to the LCWHL must agree to be bound by this disciplinary code.
- 17.3 Any disciplinary matter arising as a result of a match in this League for a club outside the jurisdiction of the LHA shall be reported to and dealt with by the LHA disciplinary process.
- 17.4 The NHA Code of Pitchside Conduct set out in the NHA handbook or on the NHA website must be followed at all league matches. Contravention of the NHA Code of Pitchside Conduct should be reported in writing to the Honorary Secretary. Umpires should advise the Honorary Secretary of any abuse of this code.
- 17.5 For each player or official on the bench who receives a red or yellow card, the team whose player or official received the card must remove a player from the pitch.
- 17.6 Any disciplinary action taken by the LCWHL will be reported to the county association of the club concerned.
- 17.7 Players shall be subject to incremental match suspensions for yellow cards an individual accrues throughout the season. The Honorary Fixture Secretary will keep a record of yellow cards. However, the responsibility for applying suspensions rests with the player's club.
- 17.7.1 The following suspensions shall apply to each individual:
- 4 yellow cards in a season = 1 match suspension,
 - 2 further yellow cards in the same season = 1 further match suspension,
 - 2 further yellow cards in the same season = 1 further match suspension,
 - For each further yellow card thereafter in the same season = 1 further match suspension.

Any match suspension imposed as a consequence of this regulation shall take effect in the next LCWHL match following the match in which the qualifying yellow card was issued. In the event that a player is issued a red card subsequent to receiving a yellow card(s) in the same match, the yellow card(s) shall not be counted for the purposes of this rule. The failure to suspend a player under this rule will be treated as the playing of an ineligible player and three points will be deducted. Note: See Rule 12.3 regarding yellow cards in IWHL and NHWL games.

- 17.8 Each club must supply a copy of its code of conduct and disciplinary code to the Honorary Secretary in advance of the season and this must be acceptable to the committee. Failure to provide documents at least 7 days before the first fixture of the season will result in the green fine being levied.

18 Match Regulations

- 18.1 All matches shall be played in accordance with the Rules of Hockey as laid down by the NGB.
- 18.2 All matches must be played on artificial pitches of an acceptable standard and there must be adequate changing facilities available.
- 18.3 Matches shall be played on dates fixed by the committee except that the match may be postponed by the home team if the ground is unfit for play or the umpires consider conditions to be dangerous.
- 18.4 Not used.
- 18.5 Matches shall begin no earlier than 12 noon and no later than 15.30 pm except by mutual agreement between the clubs concerned. It shall be the responsibility of the home team to notify their opposition of the starting time at least one week in advance of the game.

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- 18.6 University clubs will be required to play their fixtures on the designated league dates.
- 18.7 Each team must have a minimum of 7 players on the pitch before the match can commence. If both umpires are present the game must start within 10 minutes of the confirmed start time or at a time agreed by the officiating umpires. Only the officiating umpires may reduce the duration of a match and this can only be done because of weather conditions or the match will overrun the booked pitch time. However no points shall be awarded unless a game has been in progress for at least fifty minutes.

19 Postponement / Bad Weather Arrangements

- 19.1 Postponement of matches shall occur only in the event of adverse weather conditions or ground conditions. In exceptional circumstances, the committee may grant a postponement and shall normally require clubs to submit their reasons for postponement in writing to the Honorary Secretary at least eight days before the date of the match. Exceptional means the unplanned events that do occasionally happen. The committee will expect to see that at least 3 players are unavailable because of a commitment to an LHA, NHA or NGB representative game. This does not include social events.
- 19.2 In the case of bad weather, the home team should follow the following procedure. The home team should ascertain the visiting team's departure time from its home base. The home team must inspect the pitch before this departure time. A realistic view must be taken at this stage including travel conditions. Enquiries should be made of any local meteorological office to confirm weather conditions for the next 24 or 48 hours. If the pitch is unfit and is likely to remain so the game should be postponed and the travelling team and any appointed umpires informed before their departure times. This must be done by an answered phone call.
- 19.3 Fitness of weather or ground conditions shall be decided as follows: Up to one hour before the designated starting time of the match by the captain of the first named team who must inform the opposition and any appointed umpires if they have been appointed. After that time the umpires shall decide.
- 19.4 An away team must agree to a match being postponed. In the event of the home team wishing to postpone a match the away team shall have the right to inspect the ground prior to a decision regarding postponement being reached. In the event of the away team exercising this right it shall be responsible for its own costs, any umpiring costs and any costs incurred by the home team as a result of any delay in the postponement.
- 19.5 The home club must e-mail or text the reason for the postponement of a fixture to the Honorary Fixture Secretary by 8pm on the day of the postponed match. There will be a green fine levied for any breach of this sub section.

20 Match Rearrangement

- 20.1 Within 14 days of the postponement the clubs must either fix the date for the rescheduled fixture or agree to submit the decision to the Honorary Fixture Secretary. Both clubs must report the outcome by e-mail within 24 hours of the agreement to the Honorary Fixture Secretary and if umpires are appointed to the umpires' co-ordinator. A club not reporting will incur a green fine.
- 20.2 Not used.
- 20.3 In the event of a dispute over fixture dates between clubs, the Honorary Fixture Secretary may designate the venue and the date on which a fixture shall be played.

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21 Abandonment

- 21.1 In the event of a match having to be abandoned as a result of serious injury to a player or of adverse weather conditions, a report shall be submitted by the umpires to the Honorary Secretary and Honorary Fixture Secretary by email. The committee shall decide on the action to be taken. Such a decision may necessitate a replay of the fixture depending on the circumstances at the time of the abandonment. In the event of a replay the new date shall be arranged by the clubs in accordance with Rule 20.

22 Match Delegates

- 22.1 Currently there is no requirement for the appointment of a match delegate.

23 Match Sheets

- 23.1 Each club shall fully and legibly complete the match sheet and hand it to the umpires 20 minutes prior to the start time of the match. A member of the home club shall record the match details on the match sheet and after the match arrange for match sheet to be signed, returning it to the home club's team representative. The home team is responsible for entering the match result on the designated website within 60 minutes of the end of the match. A copy of the document must be emailed to the Honorary Fixture Secretary by the following Monday. The home club must retain a copy of the match sheet. There will be a green fine levied for any breach of this section. The Honorary Fixture Secretary must be advised of a postponed fixture as soon as possible, but no later than 7pm on the date of the postponement.

24 Failure to Fulfil Fixtures

- 24.1 If a team fails to fulfil its league fixture(s) the committee shall have the power to make an appropriate ruling. A team failing to fulfil a fixture is deemed to have lost the match 5 - 0. The opposing team will be deemed to have won the match 5 - 0. If a club has more than one team in the LCWHL, then the team playing in the lowest division shall be the team which forfeits the game in the event of any team from that club failing to honour a fixture. The offending team shall meet any reasonable expenses incurred by its opponents including pitch costs. If a club fails to fulfil a season's fixtures any penalty may be applied the following season. Any club failing to honour fixtures three times in any one season shall be relegated to the next lower division unless there is no lower division.

25 League Order, Promotion and Relegation

- 25.1 Three points will be awarded for a win and one point for a draw in all league matches. If Rule 24 has been applied and might affect the promotion/relegation decisions then the points and goals awarded of any game played against any team which has conceded a game shall be disregarded before using the three criteria below to decide the team(s) to be promoted or relegated. In the event of teams being level on points at the end of the season, places shall be determined by consideration of the following in order:
- 25.1.1 Goal difference;
- 25.1.2 Highest number of goals for;
- 25.1.3 Result of games between the teams concerned.
- 25.2 The league will be made up of divisions of ten teams except for the bottom division. The bottom division will have a minimum of seven teams and a maximum of sixteen teams. The fixtures for the bottom division will be decided by the Honorary Fixture Secretary and agreed by the committee. The format may require the division to be split during the season.

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- 25.3 Promotion and relegation will be decided as follows. Whatever the actual titles of the divisions used by the LCWHL, for the purposes of this rule the divisions shall be numbered sequentially starting with the highest division as division one up to the total number of divisions in the league. At the conclusion of the season the teams will be placed in a list that maintains the order that the teams finished in the league. The order of the teams in this list will be amended as follows:
- 25.4 Any team or teams promoted to a higher division or league shall be removed from the list and any team or teams relegated from a higher division or league shall be placed at the top of the list in the order that they finished in the higher division or league. If more teams are relegated than promoted from a higher division or league, then the positive numerical difference will be called the offset. In all other cases the offset will be zero.
- 25.5 The top two teams in each division will be moved up two places plus the offset. The third placed team in each division will then be moved up two places. The list will then be split as per Rule 25.2.
- 25.6 In the Premier Division the highest placed team or teams eligible for promotion to the NHWL shall be promoted to the NHWL. The LHA must be given the name of the team or teams no later than 7 days after the completion of the last Premier Division match.

26 Appeals

- 26.1 Clubs shall have a right of appeal to the LHA against a decision of the committee. Such appeals, together with a deposit of £100, refundable at the discretion of the appeal committee, must be sent in writing to the secretary of LHA within 14 days of the committee's decision being notified to the club. If a club is affiliated to an association outside the jurisdiction of the LHA then the secretary of that association shall be requested to send an observer to the appeal hearing. The decision of the appeal committee shall be final and binding on all.

27 Emendation

- 27.1 Any club wishing to propose a change in rules for the forthcoming season must put the proposal in writing, before 1st April, to the Honorary Secretary. These rules are subject to the rules on emendation laid down in the constitution of LHA.

28 Caley Trophy and Lishman Cup Competitions

- 28.1 The Caley Trophy will be open to the top sixteen teams in the LCWHL after promotion and relegation at the end of the previous season, the Lishman Cup will be open to all other teams in the LCWHL. There may be an entry fee.
- 28.2 All matches shall be played in accordance with LCWHL rules. In an event of a draw at full time a decision must be reached by way of penalty strokes as stated in Rule 29.
- 28.3 If, for any reason, a Caley Trophy or Lishman Cup game does not take place the two teams will arrange to play the match on the first available Saturday/Sunday before the next round at the home venue or on a mutually agreed week night at the home venue subject to Rule 18.5.
- 28.4 If a game has been in progress for 50 minutes and cannot be completed for any reason the score when play was stopped will stand. In case of a draw; if possible, a result should be obtained by a penalty stroke competition. Otherwise Rule 28.3 applies.
- 28.5 A League match shall not be postponed in favour of this competition unless permission has been given by the Committee.

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- 28.6 The LCWHL rules on Player Qualification, Player Registration, New Player Procedure and Player Selection shall apply plus the following criteria:
- 28.7 A player cannot play in a LCWHL knockout competition for two clubs.
- 28.8 An appeal for the relaxation of any of the above criteria may be made to the Honorary Fixture Secretary for consideration by the Committee.
- 28.9 The committee will impose any punishment it deems fit for any breach of this section.
- 28.10 Umpires for the Caley Trophy or Lishman Cup must be Level 1 assessed or above. Umpires will be appointed for the semi-finals and final of both competitions.
- 28.11 Any team in the Caley Trophy or Lishman Cup competitions must fulfil all their fixtures, failure to do so should result in that team being ineligible for the competition the following year.
- 28.12 Trophies for the Caley Trophy and Lishman Cup competitions will be presented at the conclusion of the respective finals.

29 Penalty Stroke Competition

- 29.1 Five players from each of the two teams, chosen by their respective captains, from the players listed on the match sheet, but excluding any player who has been excluded from the field of play for that match by either of the umpires or by the technical delegate (if applicable) shall take a penalty stroke alternatively against one and the same goalkeeper of the other team, unless the latter has been incapacitated and replaced, making a total of 10 penalty strokes, five from each team. No team is allowed to use the same player twice in a series of five strokes.
- 29.2 The umpire shall choose the goal to be used and they shall toss a coin with the captains to decide which team shall take the first penalty stroke. The team having been awarded the highest number of goals shall be the winner.
- 29.3 In the event of an equal number of goals having been awarded, another series of penalty strokes shall be started with the same players, and shall feature 'sudden death' which shall mean that the winner shall be the first team to have been awarded more goals than the opposing team after an equal number of strokes (no minimum) have been taken by each team. If necessary, this 'sudden death' series may exceed 10 penalty strokes. The sequence does not need to be the same as in the previous series. The team whose player has taken the first penalty stroke of the first series shall not take the first penalty stroke of the sudden death series. Goals are recorded, and the team awarded most goals in the best of five playoffs shall be declared the winner.

30 Fees & Fines

- 30.1 Administrative fee is £10 per club.
- 30.2 Knockout competition entry fee is £5 per team.
- 30.3 A section fine cannot be imposed for a sub section breach when a sub section fine has been imposed.
- 30.4 Green fine is £5, Yellow fine is £10.
- 30.5 Umpire fee is a minimum of £15.

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APPENDIX 1 – FINES TABLE

Type	Rule	Reason
Pts/Fine	11.	Provision of umpire
3 pts	12.	Player qualification
3 pts	15.1	Starred player playing down
Pts	15.1.6	Four out of four rule
3 pts	17.	Playing a suspended player
Green	20.1	No notification of match rearrangement
Yellow	4.7	Not attending Annual Meeting in May
	5.2	Not paying fees by 31 October
	6.	Not following 'Club Responsibility for Liaison with the LCWHL' rule
	13.	Not providing registration list by seven days before first fixture
	14.	Not following 'New Player Procedure' rule
	16.	Not following 'Uniform' rule
Green	10.1	Not returning trophy by last LCWHL weekend
	13.	Not following 'Player Registration' rule other than the red fine offence
	15.3	Not supplying a copy of the match sheet by deadline
	17.8	Not supplying Code of Conduct and Disciplinary code by deadline
	19.5	Not notifying Honorary Fixture Secretary of postponement by deadline
	23.1	Not notifying result by deadline or completing match sheet satisfactorily